

## **INTRODUCTION**

Lynden Aged Care is a 102 bed not-for-profit community based aged care home providing high care, low care and extra services. Independent Living Units are also available.

### **MISSION ('our primary purpose')**

Our Mission is to provide high quality care and services to older people in an appropriate, well-appointed and safe residential aged care environment.

### **PHILOSOPHY ('what we believe')**

We believe that older members of the community should have access to care and services in a place which respects their privacy, dignity and independence and enhances their quality of life.

### **VALUES ('what we hold dear to us')**

We value:

- A sense of community
- Equality and justice for residents, visitors and staff
- Respect for all people
- Leadership
- Team work
- A safe and fair workplace

### **VISION ('our future direction')**

Our vision is to support the philosophy and values by introducing initiatives which:

- are responsive to the community's needs and expectations;
- seek to improve services and care;
- result in Lynden Aged Care becoming an employer of choice;
- ensure financial viability;
- meet regulatory requirements

## **GENERAL INFORMATION**



**KENNEDY & LEIGH - High Care** Semi single and single room accommodation is available with shared or private ensuites.

**GAFFNEY - Low Care** is surrounded by beautiful garden areas, most of which are accessible for the residents to enjoy. All rooms are single rooms with an en-suite.

**MURRAY - Extra Services** offers large single rooms with private en-suites and separate dining and lounge areas. Details of inclusions in the Extra Service fee can be obtained from reception.

**FIFTY ONE** Six two-bedroom Independent Living Units with on-call nursing support and priority access to Lynden are available. These units would particularly suit those who anticipate that requiring care at a later stage is likely.

**ALLIED HEALTH** professionals such as physiotherapists, dieticians, speech therapists, wound consultants and podiatrists visit the facility on a regular basis.

**FEES** are generally asset based and are largely determined by the Commonwealth Government.

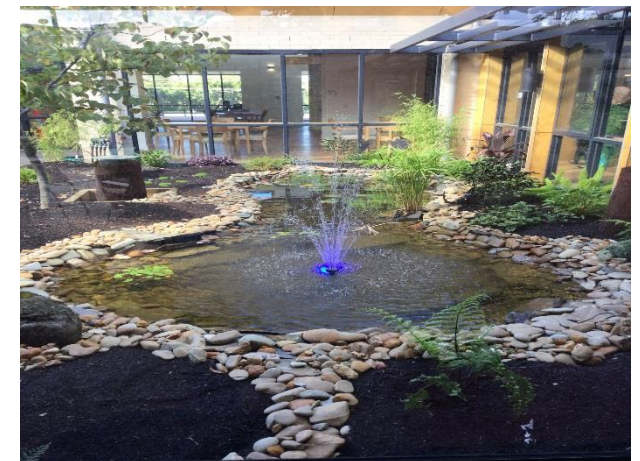
**FOOD SERVICES** - food is cooked fresh on site every day with the main meal being offered at lunch time. A choice is available at each meal.

**CAFÉ** - is open from 9 - 5 seven days a week.

**G.P.** who is willing to undertake home visits at Lynden must be nominated prior to admission.

**HAIRDRESSER** is available on the premises at your own cost.

**LAUNDRY** services are provided on site.



**LIFESTYLE PROGRAM** offers a variety of activities, both group and individual, that take into account past and present interests. The Lifestyle team organises functions, concerts and bus trips as well as various therapies including a Strength Training Program.



**PETS** - family pets are encouraged to visit.

**PHARMACY** items for each resident are billed by the pharmacy directly to the resident.

**RELIGIOUS and CULTURAL** preferences are provided individually as necessary and an ecumenical church service is held on most Friday mornings.

**STAFF** - there is a Registered Nurse in the facility 24 hours a day with Enrolled nurses and carers providing the hands on care.



**TELEPHONE** - all rooms have a telephone with a private number. External calls are billed quarterly with your invoice.

**VISITING HOURS** are unrestricted and visitors are strongly encouraged.

This information is provided for quick reference but full details of all services and fees will be explained at interview.

[www.lyndenagedcare.org.au](http://www.lyndenagedcare.org.au)  
(03) 9809 7000

Lynden  
Aged Care

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Living local

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## Lynden Aged Care

incorporating  
High Care, Low Care, ExtraServices  
and Independent Living

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